



SMBT Sevabhavi Trust's

# SMBT AYURVED COLLEGE AND HOSPITAL

Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403 Ph. (02553) 282341  
Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Date: 04-08-2017

## Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 04-08-2017; 9:00 AM to 1:00 PM

**Venue:** Strawberry English Medium School, Sakur-Kavaddhara Road, Tal-Igatputi, Dist-Nashik

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department

### Summary

Today on 04-08-2017 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Strawberry English Medium School, Sakur-Kavaddhara Road, Tal-Igatputi, Dist-Nashik for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **56** students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

HOD

Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist-Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

Principal  
SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon, Igatpuri, Dist-Nashik.



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Date: 22-12-2017

### Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 22-12-2017; 9:00 AM to 1:00 PM

**Venue:** Zilha Parishad Prathmik Shala, Taked, Tal-Igatputi, Dist-Nashik

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department

#### Summary


Today on 22-12-2017 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Zilha Parishad Prathmik Shala, Taked, Tal-Igatputi, Dist-Nashik for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **223** students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 04-01-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 04-01-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 04-01-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 1 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon Tal. Igatpuri Dist. Nashik.



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Date: 31-01-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 31-01-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 31-01-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **21** children benefited from the Suvarnaprashan camp.

**HOD**  
Dept. of Kaumarbhritya  
HOD of Kaumarbhritya  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik.

**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 27-02-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 27-02-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 27-02-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 20 children benefited from the Suvarnaprashan camp.

HOD  
Dept. of Kaumarbhritya

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

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Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 27-03-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 27-03-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 27-03-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 14 children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
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Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 23-04-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 23-04-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 23-04-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.


They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 7 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

HOD & PROFESSOR  
Kaumarbhritya  
SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 17-06-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 17-06-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 17-06-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **14** children benefited from the Suvarnaprashan camp.

**HOD**  
Dept. of Kaumarbhritya

ASSISTANT PROFESSOR  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik

**Principal**

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**

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Date: 14-07-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 14-07-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary


Today on 14-07-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 60 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 10-08-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 10-08-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 10-08-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 84 children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 07-09-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 07-09-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 07-09-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **156** children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Nashik

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Date: 27-09-2018

### Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 27-09-2018; 9:00 AM to 1:00 PM

**Venue:** Shaskiya Madhyamik Aashramshala, Javalebaleshwar, Tal-Sangamner, Dist-ahmadnagar

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department


#### Summary

Today on 27-09-2018 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Shaskiya Madhyamik Aashramshala, Javalebaleshwar, Tal-Sangamner, Dist-ahmadnagar for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of 59 students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya  
HOD & Professor  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
S.M.B.T. Ayurved College & Hospital  
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Date: 28-09-2018

### Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 28-09-2018; 9:00 AM to 1:00 PM

**Venue:** Shaskiya Madhyamik va Uccha Madhyamik Shala, Akalapur, Tal - Sangamner, Dist Ahmednagar

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department


#### Summary

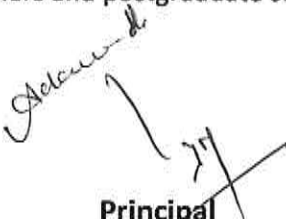
Today on 28-09-2018 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Shaskiya Madhyamik va Uccha Madhyamik Shala, Akalapur, Tal - Sangamner, Dist Ahmednagar for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **210** students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya  
**HOD & PROFESSOR**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
Principal  
SMBT Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



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Date: 04-10-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 04-10-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 04-10-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **246** children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

## SMBT AYURVED COLLEGE AND HOSPITAL

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Date: 31-10-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 31-10-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 31-10-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **214** children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
S.M.B.T. Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Date: 28-11-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 28-11-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 28-11-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **248** children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik.

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.





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Date: 25-12-2018

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 25-12-2018 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 25-12-2018, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 236 children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
**HOD & PROFESSOR**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.no. 1354/SMBT/05/KB/Gen- 4

Date: 18-01-2019

## Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 18-01-2019; 9:00 AM to 1:00 PM

**Venue:** Zilha Parishad Shala, Sakur, Tal-Igatputi, Dist-Nashik

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department


### Summary


Today on 18-01-2019 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Zilha Parishad Shala, Sakur, Tal-Igatputi, Dist-Nashik for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **236** students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya  
**HOD & PROFESSOR**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
S.M.B.T Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen- 5

Date: 21-01-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 21-01-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 21-01-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **382** children benefited from the Suvarnaprashan camp.

  
HOD


Dept. of Kaumarbhritya

HOD & PROFESSOR

Dept. of Kaumarbhritya

SMBT Ayurved College & Hospital

Dhamangaon, Igatpuri, Nashik

  
Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen - 8

Date: 18-02-2019

## Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 18-02-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

### Summary

Today on 18-02-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 256 children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
**HOD & PROFESSOR**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandihills Dhamangaon Igatpuri Nashik



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Ref.no. 1354/SMBT/05/KB/Gen-13

Date: 14-03-2019

### Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 14-03-2019; 9:00 AM to 1:00 PM

**Venue:** Jilha Parishad Shala, Taked, Tal-Igatputi, Dist-Nashik

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department


#### Summary


Today on 14-03-2019 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Jilha Parishad Shala, Taked, Tal-Igatputi, Dist-Nashik for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **148** students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal-Igatpuri, Dist-Nashik,

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
S.M.B.T Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.no. 1354/SMBT/05/KB/Gen-14

Date: 14-03-2019

### **Event Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp**

**Name of the Activity :** School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) Awareness Camp

**Date and Time :** 14-03-2019; 9:00 AM to 1:00 PM

**Venue:** Zilha Parishad Prathmik Shala, Adsare, Tal-Igatputi, Dist-Nashik

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Intern of Kaumarbhritya Department


#### **Summary**

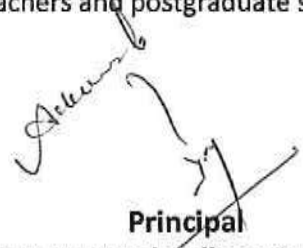
Today on 14-03-2019 "School Health Checkup & Nutrition & Personal Hygiene (Poshan & Shauch) " program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital. A public awareness program on nutrition and personal hygiene (Poshan & Shauch) was conducted at Zilha Parishad Prathmik Shala, Adsare, Tal-Igatputi, Dist-Nashik for the school students. Post graduate students, Interns & teachers of department interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of 75 students benefited from this program.

The program was organised under the guidance of respected principal of the college Dr. Pradeep Bhabad sir.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
**Dept. of Kaumarbhritya**  
**HOD & PROFESSOR**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal-Igatpuri, Dist-Nashik.

  
**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik**  
**Principal**  
SMBT Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal-Igatpuri, Dist-Nashik.



SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen – 16

Date: 17-03-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 17-03-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 17-03-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **316** children benefited from the Suvarnaprashan camp.

  
HOD

Dept. of Kaumarbhritya

HOD S: PROFESSOR  
Dept of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

  
Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen- 20

Date: 14-04-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 14-04-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary


Today on 14-04-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **185** children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.





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Ref.no.: 1354/SMBT/05/KB/Gen- 25

Date: 11-05-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 11-05-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary


Today on 11-05-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 195 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
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Dhamangaon, Igatpuri, Dist. Nashik.

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T. Ayurved College & Hospital  
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Ref.no.: 1354/SMBT/05/KB/Gen – 29

Date: 07-06-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 07-06-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 07-06-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 196 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon-Ghoti, Tal. Igatpuri, Nashik-422403

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T.Ayurved College & Hospital  
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SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen- 32

Date: 04-07-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 04-07-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 04-07-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **322** children benefited from the Suvarnaprashan camp.

**HOD**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

## SMBT AYURVED COLLEGE AND HOSPITAL

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Ref.no.: 1354/SMBT/05/KB/Gen - 37

Date: 01-08-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 01-08-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary

Today on 01-08-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **243** children benefited from the Suvarnaprashan camp.

  
**HOD**  
Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik



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Ref.no.: 1354/SMBT/05/KB/Gen - 39

Date: 28-08-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 28-08-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary


Today on 28-08-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **178** children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Dhamangaon Tal.Igatpuri Dist.Nashik.



SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen- 42

Date: 25-09-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 25-09-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 25-09-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.


They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **182** children benefited from the Suvarnaprashan camp.

  
HOD

Dept. of Kaumarbhritya

  
Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T.Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen- 46

Date: 22-10-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 22-10-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary


Today on 22-10-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **210** children benefited from the Suvarnaprashan camp.

  
**HOD**  
**Dept. of Kaumarbhritya**  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
S.M.B.T. Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**  
**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen - 49

Date: 18-11-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 18-11-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 18-11-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 220 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD of Kaumarbhritya  
Dipl. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Handi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.





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Ref.no.: 1354/SMBT/05/KB/Gen - 56

Date: 25-12-2019

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 25-12-2019 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary


Today on 25-12-2019, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 230 children benefited from the Suvarnaprashan camp.

  
**HOD**  
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HOD & PROFESSOR  
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SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen - 01

Date: 12-01-2020

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 12-01-2020 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary


Today on 12-01-2020, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 243 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

S.M.B.T. Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.no.: 1354/SMBT/05/KB/Gen- 6

Date: 08-02-2020

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 08-02-2020 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 08-02-2020, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **246** children benefited from the Suvarnaprashan camp.

**HOD**  
**Dept. of Kaumarbhritya**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B. Ayurved College & Hospital  
Nandihills, Dhamangaon Tal. Igatpuri Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen - 14

Date: 07-03-2020

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 07-03-2020 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary

Today on 07-03-2020, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of **223** children benefited from the Suvarnaprashan camp.

  
**HOD**  
**Dept. of Kaumarbhritya**  
HOD of Kaumarbhritya  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.: 1354/SMBT/05/KB/Gen- 2

Date: 25-02-2021

### Report of Suvarnaprashan shibir

**Name of the Activity:** Suvarnaprashan shibir

**Date and Time:** 25-02-2021 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary


Today on 25-02-2021, "Suvarnaprashan shibir" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 12 children benefited from the Suvarnaprashan camp.

  
**HOD**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nashik



SMBT Sevabhavi Trust's

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Ref.No.1336/SMBT/KB/08/ASCP&HT/14

Date: 21-09-2021

## Report of School Health Checkup & Nutrition & Personal Hygiene (Poshan evam Shauch) Awareness Camp

**Name of the Activity** – School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in children Camp under Azadi ka Amrut Mahotsav

**Date and Time** – 21-09-2021; 9.00 AM to 1.00 PM

**Venue** – Anganwadi No. 1,2,3 & 4, Sakur, Tal- Igatpuri, Dist - Nashik.

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

### Summary

Today on 21-09-2021 School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on nutrition and personal hygiene was conducted at Anganwadi No. 1,2,3 & 4, Sakur, Tal- Igatpuri, Dist - Nashik. for the anganwadi students. Dr. Komal Chavan interacted with the students and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, daily diet (poshan), Personal Hygiene (Shauch), Vaccination etc. During this program information was given on the importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **60** students participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad and Amrit Mahotsav coordinator Dr.Ankush Gunjal.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Vijay Suryawanshi
2. Dr. Sachin Gwalani
3. Dr. Komal Chavan
4. Dr. Smita Ahire
5. Dr. Shweta Katkade
6. Dr. Yashashri Kulkarni
7. Dr. Vaishnavi Waje
8. Dr. Aarti Kunde
9. Dr. Mrunali Purarkar
10. Dr. Monali Khune

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

Principal

S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Ref No-1336 | SMBT/05 | PTSR/08 | ASCP&HT-9

Date- 22/09/2021

**Report of Garbhasanskar Awareness Programme and Antenatal check-up camp**

**Name of the Programme**

**“AZADI KA AMRIT MAHOTSAV - POSHAK AAHAR AND GARBHASANSKAR AWARENESS PROGRAMME WITH ANTENATAL CHECK-UP CAMP”**

**Date and Time-** 21/09/2021 at 10:00 am to 12:00 noon

**Venue -** Sakur Anganwadi, Taluka- Igatpuri, District- Nashik.

**Anganwadi Teacher-** Mrs. Mangal Sahane

**Coordinator teachers-** Dr. Pradnya Deshmukh, Dr. Harsha Pardeshi

**Students-** Dr. Swati Andhale, Dr. Ashwini Kanaujia, Dr. Snehal Pansare, Dr. Yogesh Kudale

**Total number of beneficiaries-** Number of ANC patients - 20

Number of Breast Feeding mothers counselled-10

**Name of organizing department -** Prasutitantra and Strirog Department.

**Summary-**

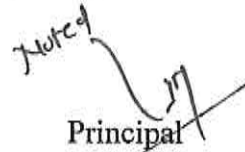
Aim of the programme-

1. To counsel ANC patients about Aahar and Vihar.
2. To spread awareness among pregnant women about “GARBHASANKAR”.
3. To give proper directives to Breast feeding mothers about Breast Feeding.

Dr. Pradnya Deshmukh (Professor and HOD, PTSR Department) checked the ANC patients and she also guided breast feeding mothers about proper technique of breast feeding (Stanyapana). Dr. Harsha Pardeshi (Assistant Professor, PTSR Department) delivered lecture on Poshak Aahar and Vihar to ANC patients. PG Students Dr. Swati Andhale, Dr. Ashwini Kanaujia, Dr. Snehal Pansare and Dr. Yogesh Kudale helped in antenatal check-up. Programme was conducted under guidance of Principal Dr. Pradeep Bhabad Sir.

  
HOD

**HOD & Professor**  
Prasutitantra and Strirog  
Dept. of Striroga & Prasutitantra  
S.M.B.T. Ayurved College  
Dhamangaon, Nashik.

  
Principal

SMBT Ayurved College, Dhamangaon

**Principal**

S.M.B.T. Ayurved College & Hospital  
Nandhills Dhamangaon, Igatpuri, Dist. Nashik



SMBT Sevabhavi Trust's

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Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 15

Date: 01-10-2021

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 01-10-2021 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary

Today on 01-10-2021, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 31 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya  
PROFESSOR  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



Ref No - 1336 | SMBT | 05 | PTSR | 8 | ASCP & HT - 10

Date - 18/10/2021

**Report of Women Health Awareness Program (Ahara Vihara in women according to strivishishta avastha)**

**Name of the Program**

**"AZADI KA AMRIT MAHOTSAV - 2021"**

**Women Health Awareness**

**(Ahara Vihara in women according to strivishishta avastha)**

**Date and Time** :- 18/10/2021 at 12.00 noon to 12.30 pm

**Venue** :- SMBT Ayurved Hospital – Second Floor

**Name of Organising Department** - Prasutitantra and Strirog Department.

**Summary -**

Aim of the program –

To educate women about nutrition, health, hygiene, gynaecological problems and importance of early detection and treatment.(Rajaswala and Garbhini paricharya and management of rajonivrutti kala by Ayurveda.

**Occasion –"AZADI KA AMRIT MAHOTSAV - 2021"**

Dr Sameer Gholap (Associate Professor,PTSR Dept) guided to female patients about Women Health Awareness.Program was conducted under guidance of Principal Dr Pradeep Bhabad sir.PTSR Department's faculties,Dr Ankush Gunjal sir,PG students of PTSR department were present.

**No. of attendee** - 22

**Coordinator Teachers** –Dr Pradnya Deshmukh, Dr Vijay Nawale Dr Prashant Patil, Dr Bhushan Gawale, Dr Harsha Pardeshi, Dr Sonali Pharate, Dr Darshna Borkar.

**No. of teachers attended** – 10

**No. of students attended-** 15

HOD

**Prasutitantra and Strirog  
HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik..

Noted

Principal

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandihills, Dhamangaon, Igatpuri, Dist Nashik.



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Ref.No.1336/SMBT/KB/08/ASCP&HT//7

Date: 18-10-2021

## Nutrition in Children (Balakatil Poshan) Awareness Camp

**Name of the Activity** –Nutrition in Children (Balakatil Poshan) Awareness Camp under Azadi ka Amrut Mahotsav

**Date and Time** – 18-10-2021; 9.00 AM to 1.00 PM

**Venue** – SMBT Ayurved Hospital, Dhamangaon, Nashik

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


### Summary


Today on 18-10-2021 Nutrition in Children (Balakatil Poshan) Awareness Camp was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on Poshan in Children was conducted at SMBT Ayurved Hospital, Dhamangaon, Nashik for the patient & their attendees. Teaching staff of the Department Dr. Mayuri Nagre & Dr. Komal Chavan interacted with the patients and their attendees and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, daily diet (Poshan), Personal Hygiene (Shauch). Also, guidance was given on the possible third wave of COVID-19, the potential risk to the children's health and care to be taken. During this program information was given on the importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital.

A total of 63 people participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad and Amrit Mahotsav coordinator Dr. Ankush Gunjal.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

  
**HOD**  
Dept. of Kaumarbhritya  
ASSISTANT PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
SMBT Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 18

Date: 29-10-2021

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 29-10-2021 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary

Today on 29-10-2021, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 16 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik.

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T. Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri Dist. Nashik.



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Ref No - 1336/SMBT/05/PTSR/8/ASCP RHT - 11

Date - 2/12/2021

### Report of Compilation Competition

"AZADI KA AMRIT MAHOTSAV - 2021"

#### COMPILATION COMPETITION

**Venue:** - SMBT Ayurved college, Department of Strirog evum Prasutitantra

Compilation competition was held in month of **November 2021**. Subjects for compilation in Prasutitantra and Strirog were distributed according to students own interest.

Students gave enormous response and participated enthusiastically. Results were drawn on the parameters of Innovative idea, Attractive presentation, and Practical implementation, Material used and verbal presentation of module.

Following are winner of competition

First prize – Nikita Patil

Second prize – Vishal Yadav and Priyanka Dhangar

Third prize – Sagar Borase

Consolation prize – Nivedita Adhikari and Ashwini Mahajan

Winners will be felicitate on upcoming events in PTSR department.

Competition was conducted under guidance of Respected Principal Dr P. Bhabad sir.


#### Coordinator Teachers –

Dr Pradnya Deshmukh (HOD & Professor )

Dr Prashant Patil, Dr Harsha Pardeshi, Dr Darshna Borkar, Dr Sonali Pharate

  
HOD

Prasutitantra and Strirog  
HOD & Professor  
Dept of Strirog & Prasutitantra  
1 of 2  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik..

  
Principal

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 19

Date: 25-11-2021

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 25-11-2021 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary


Today on 25-11-2021, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 41 children benefited from the Suvarnaprashan camp.

  
**HOD**  
**Dept. of Kaumarbhritya**  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.No.1336/SMBT/KB/08/ASCP&HT/20

Date: 10-12-2021

## Report of School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness Camp

**Name of the Activity** – School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness in children Camp

**Date and Time** – 10-12-2021; 9.00 AM to 1.00 PM

**Venue** – New English School, Kawadadara, Tal- Igatpuri, Dist- Nashik.

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

### Summary

Today on 10-12-2021 School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on Poshan and Shauch was conducted at New English School, Kawadadara, Tal- Igatpuri, Dist- Nashik for the anganwadi students. PG students Dr. Mrunali Purarkar and Dr. Vaishnavi Sarangdhar interacted with the students and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, daily diet (Poshan), Personal Hygiene (Shauch), Vaccination etc. Also, guidance was given on the possible third wave of COVID-19, the potential risk to the children's health and care to be taken. During this program information was given on the importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **149** students participated in this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad and Amrit Mahotsav coordinator Dr. Ankush Gunjal.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Vijay Suryawanshi
2. Dr. Sachin Gwalani
3. Dr. Komal Chavan
4. Dr. Nilesh Sathe

5. Dr. Geeta Gujar
6. Dr. Mrunali Purarkar
7. Dr. Vaishnavi Sarangdhar
8. Dr. Monali Khune

**HOD**  
Dept. of Kaumarbhritya  
HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik

REF No- 1336 | SMBT | 05 | PTSR | 8 | ASCP & HT-12

Date -11/12/2021

**Report of Menstrual Hygiene Awareness Program**

**( Rajaswala Paricharya )**

**Name of the Program**

**"AZADI KA AMRIT MAHOTSAV - 2021"**

**MENSTRUAL HYGIENE AWARENESS – RAJASWALA PARICHARYA**

**Date and Time** :- 10/12/2021 at 11:00am to 01.30 pm

**Venue** : New English school , Kawaddara , Tal- Igatpuri , Dist- Nashik

Principal of school – Mrs. Naikwadi

**Name of organising Department** - Prasutitantra and Strirog Department.

**Summary -**

Aim of the program –

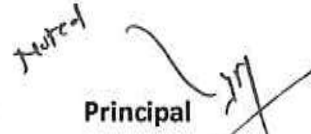
To educate teenage girls about changes in puberty , menstruation , menstrual hygiene, diet, menstrual abnormalities and importance of early detection and treatment (Rajaswala Paricharya).

**Occasion –"AZADI KA AMRIT MAHOTSAV - 2021"**

Dr Pradnya Deshmukh (Professor,PTSR Dept) delivered lecture on changes in puberty and menstruation and Dr Harsha Pardeshi delivered lecture on menstrual hygiene and diet to 8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> standard girls. Around 120 girls benefited by this lecture . Menstrual hygiene booklet and mask were distributed to students and school staff . Program was conducted under guidance of Principal Dr Pradeep Bhabad sir.PTSR Department's PG students Dr.Shehal Pansare and Dr. Amruta Pol were also present to this programme.

  
HOD

**Prasutitantra and Strirog**  
**HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik..

  
Principal

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills Dhamangaon, Tal.Igatpuri, Dist.Nashik



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Ref.No.1336/SMBT/05/SV/ASCP&HT-1

Date-12-12-2021

### Report of lecture & yoga demonstration to children with dincharya,ritucharya guidance

#### 'AZADI KA AMRIT MAHOTSAV'

Maharashtra State Maharashtra University of Health Science, Nashik

By

Swasthavritta & yoga Dept of SMBT Ayurved College and Hospital, Dhamangaon, Nashik

To celebrate "AZADI KA AMRIT MAHOTSAV" Swasthavritta and Yoga Department in Association with Balrog and PTSR department of SMBT Ayurved College Has organized Lecture & yoga demonstration to Girls of 8,9,10 th standards & Children of 5 to 8 th standards on 10/12/2021 at New English school & Junieur College,Kavadadhara. Tal. Igatpuri, Dist. Nashik.

- 1) Lecture & yoga demonstration to Girls(8,9,10 th standards).
- 2) Lecture & yoga demonstration to Children(5 to 8 th)

#### Lecture & yoga demonstration to Girls(8,9,10 th standards).

Dr.Rachana Aware delivered lecture Girls about Dincharya & Rutucharya,Diet,Yogic practices,Omkar Dhyan. She also Demonstrate yogic posture and Pranayama. In this camp total 120 Girls has participate.

#### Lecture & yoga demonstration to Children (5 to 8 th)

Dr. Rachana Aware delivered lecture Children about Dincharya & Rutucharya,Diet,Yogic practices,Omkar Dhyan She also Demonstrate Yogic posture and Pranayama. In this camp total 149 Children has participate.

For 

HOD  
H.O.D.

Dept.of Swasthavritta & Yoga  
SMBT Ayurved College & Hospital  
Dhamangaon,Tal.Igatpuri,Dist.Nashik.



  
Principal  
Principal

S.M.B.T.Ayurved College & Hospital  
Nandi-Hills,Dhamangaon,Tal.Igatpuri,Dist.Nashik





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Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 2 |

Date: 22-12-2021

## Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 22-12-2021 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

### Summary

Today on 22-12-2021, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 19 children benefited from the Suvarnaprashan camp.

**HOD**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

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Ref.No.1336/SMBT/KB/08/ASCP&HT/22

Date: 23-12-2021

## Report of School Health Checkup Camp & Nutrition & Personal Hygiene (Poshan evum Shauch)

**Name of the Activity** – School Health Checkup & Nutrition & Personal Hygiene (Poshan evum Shauch)

Awareness in children Camp

**Date and Time** – 23-12-2021; 9.00 AM to 1.00 PM

**Venue** – Zilla parishad Primary School, Sakur

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

### Summary

Today on 23-12-2021 "School Health Checkup & Nutrition & Personal Hygiene (Poshan evum Shauch) Awareness in Children Camp" program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on nutrition and personal hygiene was conducted at Zilla parishad Primary school, Sakur for the students of class 1st to 7th. Dr. Mayuri Nagre and post graduate student Dr. Mrunali Purarkar interacted with the students and guided them about the importance of nutrition and malnutrition in children, importance of Ahar, changing age-related needs of daily nutrition, daily diet (Poshan), Vaiyaktik Swacchata (Shauch) etc. Also, guidance was given on the possible third wave of COVID-19, the potential risk to the children's health and care to be taken. During this program information was given on importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **181** students participated in this program.


The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad and Amrit Mahotsav coordinator Dr. Ankush Gunjal.


It was successfully completed by the participation of all the teachers, Interns and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Vijay Suryawanshi
2. Dr. Mayuri Nagre
3. Dr. Komal Chavan
4. Dr. Nilesh Sathe
5. Dr. Snehal Dhumal

6. Dr. Shital Borkar
7. Dr. Vaishnavi Sarangdhar
8. Dr. Sayali Sakpal
9. Dr. Mrunali Purarkar
10. Dr. Mohali Khune

  
**HOD**  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
**Principal**  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik  
**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

Ref No- 1336/SMBT/05/PTSR/8)ASCP&HT-13

Date -24/12/2021

**Report of Garbhasanskar Awareness Programme**

**Name of the Program**

**“AZADI KA AMRIT MAHOTSAV - 2021**

**GARBHASANSKAR AWARENESS PROGRAMME”**

**Date and Time** : - 23/12/2021 at 10:30 am to 12.30 pm

**Venue** : Primary Health Centre, Dhamangaon, Tal. Igatpuri, Dist. Nashik

**Name of Organising Department-** Prasutitantra and Strirog Department.

**Summary -**

Aim of the programme –

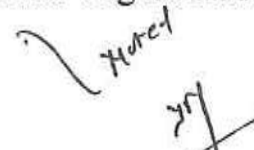
To educate and aware pregnant women about importance of Garbhasanskar.

**Occasion –“AZADI KA AMRIT MAHOTSAV - 2021”**

Dr. Sonali Pharate (Assistant Professor, PTSR Dept) delivered lecture on Garbhasanskar awareness and its importance to both baby and mother. Dr Pradnya Deshmukh (Professor, PTSR Dept) explained detail schedule of Garbhasanskar Sessions to be held in SMBT Ayurved Hospital. Dr Priyanka Chaudhary (PG student, PTSR Dept) explained indications, mode of action and uses of Shatavari Kalpa. Around 30 pregnant women benefited by this lecture. Shatavari Kalpa distributed to ANC and PNC women in the PHC. Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir. PTSR Department's PG students Dr. Ashwini Kanaujiya and Dr. Yogesh Kudale helped for programme.

  
**HOD**

**Prasutitantra and Strirog**  
**HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T. Ayurved College  
Dhamangaon, Nashik.

  
**Principal**

**SMBT Ayurved College , Dhamangaon**

**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandihills Dhamangaon, Igatpuri, Dist. Nashik.

Ref No -1336 | SMBT | 05 | PTSR | 8 | ASCP & HT - 14 | Date -24/12/2021

**Report of Menstrual Hygiene Awareness Program (Rajaswala Paricharya)**

**Name of the Program -**

**"AZADI KA AMRIT MAHOTSAV - 2021"**

**MENSTRUAL HYGIENE AWARENESS ( RAJASWALA PARICHARYA)**

**Date and Time :- 23/12/2021 at 1:00 pm to 02.15 pm**

**Venue: Z.P.Primary School, Sakur, Tal- Igatpuri, Dist- Nashik**

Name of Principal of School – Mr.Sanjay Borase

**Name of Organising department- Prasutitantra and Strirog Department.**

**Summary -**

Aim of the program –

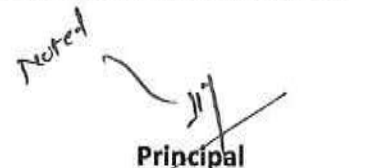
To educate teenage girls about changes in puberty , menstruation, menstrual hygiene.

**Occasion –"AZADI KA AMRIT MAHOTSAV - 2021"**

Dr Pradnya Deshmukh (Professor,PTSR Dept) delivered lecture on changes in puberty and menstruation,menstrual hygiene,diet,menstrual abnormalities and its early detection to eleventh to thirteen years old girls. Around 32 girls benefited by this lecture . Menstrual hygiene booklets distributed to School staff. Program was conducted under guidance of Principal Dr Pradeep Bhabad sir.PTSR Department's PG student Dr.Yogesh Kudale helped for conducting this programme.

  
HOD

**Prasutitantra and Strirog  
HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik.

*Noted*  
  
Principal  
Principal  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



SMBT Sevabhavi Trust's

## SMBT AYURVED COLLEGE AND HOSPITAL

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Email : principal.ayurved@smbt.edu.in | smbtayurved@gmail.com | www.smbt.edu.in

Ref.no.1336/SMBT/05/KB/08/ASCP&HT - 24

Date: 15-02-2022

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 15-02-2022 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department


#### Summary

Today on 15-02-2022, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 17 children benefited from the Suvarnaprashan camp.

  
HOD  
Dept. of Kaumarbhritya  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

  
Principal  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 25

Date: 14-03-2022

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 14-03-2022 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 14-03-2022, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 15 children benefited from the Suvarnaprashan camp.

**HOD**

**Dept. of Kaumarbhritya**

HOD, PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik.

**Principal**

**SMBT Ayurved College & Hospital**  
**Dhamangaon, Igatpuri, Nashik.**

**Principal**

**S.M.B.T. Ayurved College & Hospital**  
**Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik**



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Ref No -1307/SMBT/05/SV/1 /02TLP

Date 11-04-2022

### Report of Guest lecture on Clinical & applied Aspect of Dincharya

Name Of Programme- Guest lecture

Name of topic – Clinical & applied Aspect of dincharya

Date & time – 8-4-2022 , 11.00 am to 12.00 noon

Venue - 3 rd year class room

Name of organizing department- Swasthavritta & yoga dept.

Present students-56

Conducted by- Dr Rachana madam

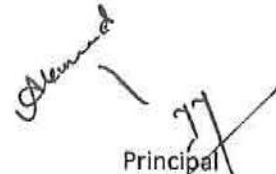
Summary- Dr Hemangi Joshi madam Assi.Proff (Ajmera College Dhule) delivered lecture on applied aspect of dincharya.They specially explained impotrace of dincharya in Life style disorders.how Ayurveda can help to tackle life style disorders with dincharya.

Programme was successfully conducted under Guidance of Respected Dr.Pradeep Bhabad sir & HOD Dr Vaishali Bhabad Madam.

  
HOD

**H.O.D.**  
Dept.of Swasthavritta & Yoga  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal.Igatpuri, Dist.Nashik.



  
Principal

**Principal**  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills,Dhamangaon, Tal.Igatpuri, Dist.Nashik.



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 27

Date: 10-04-2022

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 10-04-2022 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 10-04-2022, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 28 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal. Igatpuri, Dist. Nashik

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

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Dhamangaon, Tal. Igatpuri, Dist. Nashik.





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Ref no.1307/SMBT/05/S.V./2/TLP

Date 25.04.2022

### Report of Role play on topic of Dincharyokta Panchdyanedriya Upkrama in modern era..

1. **Name Of The Event:**Role play on topic of Dincharyokta Panchdyanedriya Upkrama in modern era.
2. **Date-**22/04/2022
3. **Venue-** Seminar Hall of SMBT Ayurved Hospital.
4. **Time-**9.00am to 10.50 am
5. **Number Of The Participant:-**59
6. **Name of the Organising department :**  
Swasthavritta&yogadepartment
7. **Summary:-**

#### **Aim Of Event / Agenda:**

- A. To Give Practical knowledge of Dincharyokta Panchdyanedriya to student.
- B. To increase interest of student in Dincharya Procedure.

  
HOD

**H.O.D.**  
Dept.of Swasthavritta & Yoga  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal.Igatpuri, Dist.Nashik.



  
Principal  
Principal

S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT – 27 A

Date: 07-05-2022

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 07-05-2022 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants –** Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 07-05-2022, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 30 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T.Ayurved College & Hospital  
Nandihills, Dhamangaon Tal. Igatpuri, Dist. Nashik.

Ref No - 1336 | SMBT | 05 | PTSR | 8 | ASCP & HT - 15

Date - 10/05/2022

**REPORT OF GARBHASANSKAR AWARENESS PROGRAMME & ANTENATAL CHEKUP**

**Name of the Program**

“AZADI KA AMRIT MAHOTSAV -

**GARBHASANSKAR AWARENESS PROGRAMME & ANTENATAL CHEKUP”**

**Date and Time** : - 09/05/2022 at 12:00 pm to 2.30 pm

**Venue**: Primary Health Centre, Dhamangaon, Tal. Igatpuri, Dist. Nashik

**Medical officer** - Dr Sandip Vedhe (MBBS)

**Coordinator Teachers**- Dr Pradnya Deshmukh , Dr Darshna Borkar

**Students**- Dr Priyanka Chaudhari , Dr Vaishnavi Shete

**Total number of beneficiaries** – 25 (pregnant women – 15, Post natal women – 10)

**Name of Organising department** - Prasutitantra and Strirog .

**Summary** -

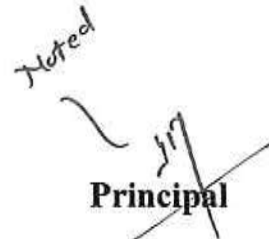
Aim of the programme – To educate and aware pregnant women about importance of Garbhasanskar & Antenatal check-up for wellbeing of fetus & mother.

Health check-up of pregnant women was done. Dr. Darshna Borkar (Assistant Professor, PTSR Dept) delivered lecture on Garbhasanskar awareness and its importance to both baby and mother. Mythological examples, scientific studies were also explained to women to understand the importance of Garbhasankara. She also explained Garbhini Paricharya including Satvik Ahar & Vihar. Dr Pradnya Deshmukh (Professor, PTSR Dept) explained detail schedule of Garbhasanskar Sessions to be held in SMBT Ayurved Hospital. Dr Vaishnavi Shete (PG student, PTSR Dept) explained indications, mode of action and uses of Shatavari Kalpa. Shatavari Kalpa distributed to ANC and PNC women in the PHC. Dr Priyanka Chaudhari (PG student) helped in antenatal check-up.

Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir.

  
**HOD**

**Prasutitantra and Strirog**  
**HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T. Ayurved College  
Dhamangaon, Nashik..

*Noted*  
  
**Principal**

**SMBT Ayurved College , Dhamangaon**  
**Principal**

S.M.B.T. Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik

Ref No -1336 (SMBT) 05 (PTSR) 8 / ASCP & HT -17

Date -20/05/2022

**Report of Garbhasanskar Session**

**Name of the Program**

**“AZADI KA AMRIT MAHOTSAV -  
GARBHASANSKAR SESSION**

**Date and Time :- 18/05/2022 at 11:00 am to 12.30 pm**

**Venue : SMBT Ayurved Hospital**

**Name of organising department - Prasutitantra and Strirog.**

**Number of women benefited - 05**

**Summary -**

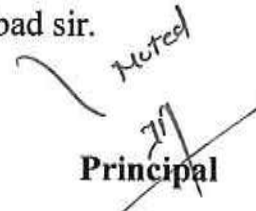
**Aim of the programme –**

To educate pregnant women about Garbhasanskar, Diet, Meditation in Garbhini awastha.

Session was started with Putra kalyan Prarthana & Mantra pathan. Dr Pradnya Deshmukh (HOD & Professor, PTSR Dept) explained need of Garbhasanskar. She explained importance of Garbhasanskar for healthy progeny by all aspects. She explained detail schedule of Garbhasanskar. Sessions to be held in SMBT Ayurved Hospital. She explained Diet for Garbhini. Dr Darshna Borkar (Assistant Professor, PTSR) conducted Omkar Pathana. For refreshment healthy and natural drink Kokam syrup distributed to Garbhini. Dr Tejashri Waghmare (PG Student, PTSR) helped in conducting session. Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir.

  
**HOD**

**Prasutitantra and Strirog  
HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T. Ayurved College  
Dhamangaon, Nashik..

  
**Principal**

**SMBT Ayurved College , Dhamangaon**  
**Principal**  
S.M.B.T. Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.

REF NO-1336 | SMBT | 05 | PTSR | 18 | ASCP-HT-18

Date -30/05/2022

**Report of Menstrual Hygiene Day**  
**(Rajaswala Paricharya)**

**Name of the Program**

**“AZADI KA AMRIT MAHOTSAV -  
MENSTRUAL HYGIENE DAY”**  
**(Rajaswala Paricharya)**

**Date and Time** : - 28/05/2022 at 01:40pm to 02.40 pm

**Venue**: Seminar hall

**Coordinator Teachers-** Dr Harsha Pardeshi , Dr Prashant Patil, Dr. Sonali Pharate.

**Total number of students present for the programme – 44 –** First Year BAMS girl students, 6 Pg Students, 2 female teaching staff.

**Name of Organising department** - Prasutitantra and Strirog .

**Speaker** : Dr. Harsha Pardeshi M. S. (Ayu- PTSR) Assistant Professor.(Dept. of PTSR)  
SMBT Ayurved College and Hospital.  
Email: htp.pardeshi1666@gmail.com

**Summary -**

Aim of the programme – To educate and aware girls about importance of menstrual hygiene for healthy life.

Dr. Harsha Pardeshi (Assistant professor – PTSR Dept.) delivered lecture on Menstrual Hygiene including how to maintain hygiene during menstrual period, benefits of hygiene, and complication of health due to poor hygiene. Along with she explained Rajaswala paricharya according To Ayurved Shastra . She explained about various methods of Sanitization in menstrual period like Sanitary napkins, Tampoons, Menstrual cups. Session was very interactive. At the end of programme students asked various questions regarding topic which were answered by speaker. Students were very satisfied.


At the end of session Menstrual hygiene booklets were distributed to all.

Programme was conducted under guidance of Principal Dr Pradeep Bhabad sir.

  
**HOD**

**Prasutitantra and Strirog**  
**HOD & Professor**  
Dept of Striroga & Prasutitantra  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik..

1 of 2

  
**Principal**

**SMBT Ayurved College , Dhamangaon**  
**Principal**

S.M.B.T.Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal. Igatpuri, Dist. Nashik



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Ref.no.1336/SMBT/05/KB/08/ASCP&HT -- 28

Date: 04-06-2022

### Report of Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Name of the Activity:** Suvarnaprashan shibir under Azadi ka Amrut Mahotsav

**Date and Time:** 04-06-2022 at 9 AM to 3.30 PM

**Venue:** OPD of Kaumarbhritya Department of SMBT Ayurved Hospital

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students, Interns and Hospital Staff of Kaumarbhritya Department

#### Summary

Today on 04-06-2022, "Suvarnaprashan shibir under Azadi ka Amrut Mahotsav" was organized by the Department of Kaumarbhritya of SMBT Ayurved college, Nashik. Teaching staff, PG students, and Interns of the Kaumarbhritya Department took part in the camp. All the children who came to the camp were examined thoroughly.

They were given Suvarnaprashan drops as per their age totally free of cost. They were guided about their nutritional status.

During the camp, patients with various complaints were examined and treated accordingly. Assessment of growth was done for each patient. They were guided about physical hygiene, routine care and daily diet. Parents were informed about the facilities available and treatment provided by the Kaumarbhritya department as well as other departments of the hospital.

A total of 41 children benefited from the Suvarnaprashan camp.

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Dist. Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik.

Principal

S.M.B.T. Ayurved College & Hospital  
Mandi-Hills, Dhamangaon, Nashik.



SMBT Sevabhavi Trust's

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RefNo - 1336 | SMBT | 05 | PTSR | 8 | ASCP | HT - 19

Date- 10/06/2022

## Report of Garbhasankar Awareness Programme and Antenatal check-up camp

### Name of the Programme

**“AZADI KA AMRIT MAHOTSAV - GARBHASANSKAR AWARENESS PROGRAMME AND ANTENATAL CHECK-UP CAMP”**

**Date and Time-** 09/06/2022 at 12:00 pm to 02:30 pm

**Venue -** Primary Health Centre, Dhamangaon, Taluka- Igatpuri, District- Nashik.

**Medical officer-** Dr. Sandeep Vedhe (MBBS)

**Cordinator teachers-** Dr. Pradnya Deshmukh, Dr. Harsha Pardeshi

**Students-** Dr. Yogesh Kudale, Komal Aher and Dhanashree Patil

**Total number of Beneficiaries-** Pregnant women – 25

Post Natal women – 10

**Name of organizing department -** Prasutitantra and Strirog.

### Summary-

Aim of the programme-

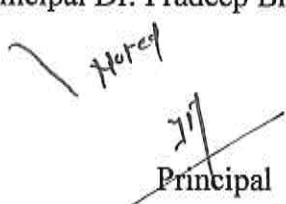
To educate and aware womens about importance of Garbhasankar for the growth and bonding between mother and foetus.

Dr. Pradnya Deshmukh (Professor and HOD, PTSR Department) delivered lecture on Vihara and Dincharya in Garbhini and also explained how to worship God and Omkar Pathan during Sagarbhavastha. Dr. Harsha Pardeshi (Assistant Professor, PTSR Department) delivered lecture on Aahar during pregnancy including what to eat and what not to eat during pregnancy. Patients were very satisfied. At the end of session Shatavari Kalpa was distributed to all pregnant ladies. PG Student Dr. Yogesh Kudale, interns Komal Aher and Dhanashree Patil helped for the programme. Programme was conducted under guidance of Principal Dr. Pradeep Bhabad Sir.

  
HOD

Prasutitantra and Strirog

HOD & Professor  
Dept of Striroga & Prasutitantra  
S.M.B.T.Ayurved College  
Dhamangaon, Nashik..

  
Principal

SMBT Ayurved College, Dhamangaon

Principal  
S.M.B.T.Ayurved College & Hospital  
Nandi-Hills, Dhamangaon, Tal. Igatpuri, Dist. Nashik.



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Ref.No.1336/SMBT/KB/08/ASCP&HT/ 29

Date: 25-06-2022

## Report of School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness Camp

**Name of the Activity** – School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch)

Awareness in children Camp under Azadi ka Amrut Mahotsav

**Date and Time** – 25-06-2022 9:30 AM to 2:00 PM

**Venue** – Shahu Kid's Academy, Dubere, Tal.Sinnar

**Organising Department:** Kaumarbhritya

**Participants** – Teaching staff, PG Students of Kaumarbhritya Department

### Summary

Today on 25-06-2022 "School Health Checkup & Nutrition & Personal Hygiene(Poshan evam Shauch) Awareness" program was organised by the Department of Kaumarbhritya of SMBT Ayurved College and Hospital under Aazadi ka Amrut Mahotsava. A public awareness program on nutrition and personal hygiene was conducted at Shahu Kid's Academy, Dubere, Tal.Sinnar for the students of Junior and Senior KG. Dr.Komal Chavan and post graduate student Dr. Vaishnavi Waje interacted with the students and guided them about the importance of nutrition and malnutrition in children, daily diet (Poshan), personal hygiene (Shauch) etc.During this program information was given on the importance of Suvarnaprashan. Information was given about all the facilities related to health and nutrition available by the Kaumarbhritya Department of Ayurveda and Hospital. Also, height, weight and other important physical examinations of the children were done.

A total of **58** students benefited from this program.

The program was organised under the guidance of Respected principal of the college Dr. Pradeep Bhabad and Amrit Mahotsav coordinator Dr. Ankush Gunjal.

It was successfully completed by the participation of all the teachers and postgraduate students of the Department of Kaumarbhritya.

Participants-

1. Dr. Komal Chavan
2. Dr. Vaishnavi Waje
3. Dr. Pradnya Kambli

4. Dr. Gaurav Singh
5. Dr. Sayali Kulkarni

HOD

Dept. of Kaumarbhritya

HOD & PROFESSOR  
Dept. of Kaumarbhritya  
SMBT Ayurved College & Hospital  
Dhamangaon, Tal.Igatpuri, Dist.Nashik.

Principal

SMBT Ayurved College & Hospital  
Dhamangaon, Igatpuri, Nashik

Principal

SMBT Ayurved College & Hospital  
Nandihills, Dhamangaon, Tal.Igatpuri, Dist.Nashik.